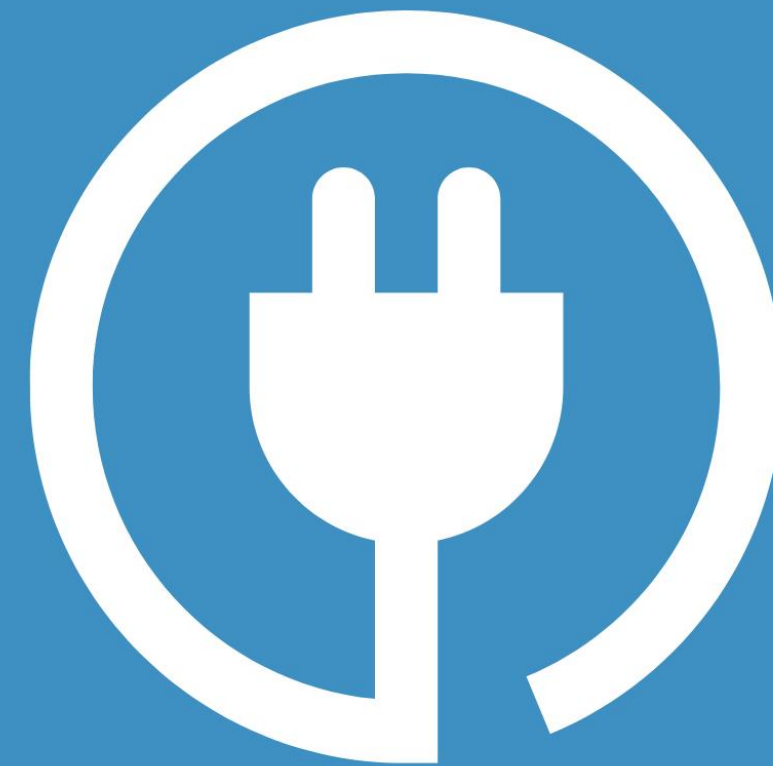




Thursday, April 24, 2025



LIVING WELL WITH PD
**EDUCATION
SYMPOSIUM**

Connecting persons with PD with medical specialists

Hilton Naples

Registration 8:30 am
Program 9:00 am



PARKINSON'S
Association of Southwest Florida

Hope in Parkinson's Disease (PD) Research



Disease-Modifying Treatments

- Drugs that are neuroprotective preventing further deterioration of dopamine producing cells
- Medications to slow progress as discussed by Dr. Ramirez-Zamora

Gene Therapy & Stem Cell Research

- Stem cell transplants show promise in regenerating neurons
- Gene therapy

DBS and Focused Ultrasound

- Focused ultrasound (FUS) is a non-invasive alternative for motor symptoms
- DBS as a modality of treatment discussed by our panel

AI and Early Diagnosis

- AI improves early detection through speech, movement, and handwriting analysis
- New biomarkers in blood and CSF may lead to earlier intervention

Exercise & Lifestyle Interventions

- High-intensity exercise (cycling, boxing) slows progression.
- Mediterranean and ketogenic diets may have neuroprotective effects.

Intimacy

- Dr. Gilbert has discussed that intimacy and sexual activity is absolutely possible with PD.

Final Thoughts

- There is absolutely hope in Parkinson's Disease.
- While Parkinson's can be a challenging condition advances across multiple fronts are creating a future that's much brighter for those affected.
- Staying informed and connected with the Parkinson's community can provide not only emotional support but also access to the latest expert insights and treatment options.

Helping our Southwest Florida Community

Live Well WITH PD

