Are You Living with Parkinson's?



Amplify your life with LSVT LOUD and LSVT BIG!

- LSVT[®] stands for Lee Silverman Voice Treatment.
- LSVT LOUD[®] is our speech therapy program.
- LSVT BIG[®] is our physical or occupational therapy program.
- LSVT LOUD and LSVT BIG are globally recognized as evidence-based therapies to improve communication, mobility, activities of daily living, and quality of life in people with Parkinson's disease (PD).

What is Unique About LSVT Therapies?



Research-based

Have confidence that the LSVT therapies work with over 30 years of published research!

Parkinson's-specific

Override small, slow movements and soft, mumbled speech with BIG and LOUD exercises.

Function-focused

Go beyond general exercise - LSVT LOUD and LSVT BIG integrate "real-world" activities for communication, mobility, and everyday tasks.

Personalized

Individualized treatment goals: Get up from that low sofa, button your shirt in record time, or be understood on the phone and in meetings. You are in charge!

How to Find LSVT Certified Clinicians

There are over 50,000 LSVT Certified speech, physical and occupational therapists in 80 countries. Find one near you!

Search our Directory

www.lsvtglobal.com

Call Us 1-888-438-5788 (toll free) 1-520-867-8838 (direct) Email Us info@lsvtglobal.com

A FIND LSVT CLINICIANS

Free Educational Resources

Live and On Demand Webinars: View our free webinars on topics related to Parkinson's and the LSVT programs. To register, go to <u>blog.lsvtglobal.com</u>, and click on **Webinars**.

Tools to Support LSVT Treatment Gains

LSVT Homework Helper Videos

Exercise alongside LSVT coaches during and after one-month of LSVT therapy. Go to www.lsvtglobal.com and select "Store." Then, select "Exercise Videos."



DVD, download, and streaming options available.

LSVT Companion[®] System, Client Edition

Practice LSVT LOUD voice exercises at home during and after treatment. Go to www.lsvtglobal.com, click Store, and select LSVT Companion to learn more and purchase.

LOUD for LIFE® and BIG for LIFE® Exercise Classes

Maintain your gains with these community-based exercise groups. To learn more, email lsvtforlife@lsvtglobal.com.

Note: LSVT LOUD/LSVT BIG and LOUD for LIFE/BIG for LIFE are the <u>only</u> product names associated with these evidence-based and highly effective treatments for people with Parkinson's.



Innovation in Science. Integrity in Practice.

www.lsvtglobal.com

(888) 438-5788 or (520) 867-8838